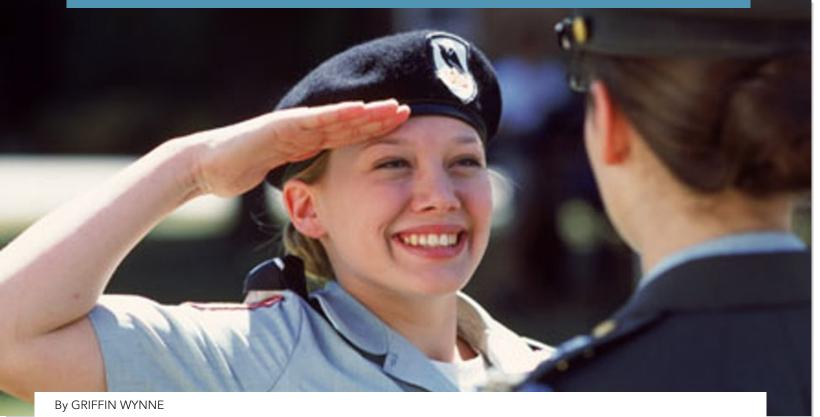


WAYS TO GREET SOMEONE WITHOUT TOUCHING THEM



1. The Cadet Kelly

Although you may be more of a lover than a fighter, Wood shares that a head salute à la Cadet Kelly says: "I acknowledge you, and I am ready to treat you with respect." Just relax your shoulders, lift your arms, and expose your palms.

"In first greeting, I do a salute at the head and then flip to show the palm of the hand, so they know they know, 'I recognize you, and I'm greeting you from a distance at this point," Wood says.

Perfect for greeting your boss over Zoom, the Cadet Kelly communicates friendliness and professionalism, even from a four to six-feet distance.

2. The Simple Life

Nothing says "loves it" like greeting someone with a double-kiss from six feet apart, while loudly smacking your lips and making the "Mwah! Mwah!" sound with your mouth. According to Wood, this move can signal that you see them, you hear them, and you are paying close

Ideal for when your mother is

lecturing you about washing your hands for 20 seconds (despite the fact that you taught her the "Happy Birthday" hack just yesterday), and you desperately want to hang up the phone and get back to marathoning Sex and the City for the millionth time, this greeting works as both a hello and a buh-bye.

3. The Smiley Miley

Boho-chic is back, baby. And this time, it's here to stay.

For those of you who live for a "free love" moment, Wood suggests making like Miley Cyrus circa Hannah Montana and flashing a peace sign, otherwise known as a "V" for victory, or the

"deuces!" symbol.

This motion will imply that you're manifesting nothing but peace

and happiness to whoever you have the pleasure of speaking with, despite stressful and anxiety-inducing the past few weeks have been. Pull this little number out the next time you speak to your high school friend — the one who just had to cancel her baby shower despite having ordered decorations that were just "to die!"

4. The Queen Elizabeth

According to Wood, using the same exaggerated wave at the beginning and the end of an encounter can help the person you're speaking with feel seen and validated. "I'll make you feel connected instead of awkward," Wood says.

In order to accomplish this, hold your arm out at a 45-degree angle, and create an L-shape with your elbow. Then, with very little wrist mobility,

whisk your stiff palm back and forth like a pendulum. Tuck your thumb in for an extra robotic effect. If you pull this off correctly, critics will even wonder if your hand in question is a fake.

Pull this crowd-pleaser out on your nemesis. You know what they say — keep your friends close, your enemies closer.

5. The Kylie Jenner

Katie Wynne, M.Ed, a fifth-grade teacher from Swampscott, MA, tells Bustle that the most effective way to give someone an emotional pat on the back without actually touching them is through a "shout-out."

"Shout-outs' are for acknowledging good things like good ideas, teamwork, being kind," Wynne says. "It's important to acknowledge people and to recognize their positive actions."

Make like this greeting's namesake, Kardashian family cash cow Kylie Jenner, and validate your crush. Send them a digital "hey" by shouting them out in an Instagram story or feed post caption.

If you think you're showing symptoms of coronavirus, which include fever, shortness of breath, and coughing, call NHS 111 in the UK or visit the CDC website in the U.S. for up-to-date information and resources.

rnotos courtesy of Dishey & 10m burns/Getty Images Entertainment/Getty Images

CAROLE BASKIN'S HUSBAND WANTS KIM KARDASHIAN TO VISIT **BIG CAT RESCUE**

Bv ALLYSON KOERNER

Il you cool cats and kittens listen up, because Carole Baskin's husband invited Kim Kardashian to visit Big Cat Rescue. Howard Baskin believes if the Keeping Up With the Kardashians star were to visit the center in Tampa, Florida, not only could she learn about their sanctuary, but that Kardashian would also realize that Carole certainly did not kill her second husband, Jack Donald Lewis, as was alleged by some subjects in Netflix' Tiger King docuseries.

"I doubt if Kim will see this video, but if she were to come and spend an hour with Carole I know she would have her answer and I know what it would be," Howard said in a March 28 DailyBigCat video posted on YouTube. As of publication, Kardashian hasn't respond-

ed. Howard's message came after Kardashian started tweeting about Tiger King on March 22. In one of her multiple tweets, she wrote, "Wow the amount of texts I've gotten

about Tiger King since I tweeted about it all have mentioned their belief that Carol killed her husband! What are your thoughts? Do you think Carol killed him?"

Carole's second husband disappeared

in 1997 and was declared dead in 2002. However, as alleged in Tiger King, there are claims that Carole was involved with Lewis' disappearance. Joe Exotic, her rival, even claimed that she may have put Lewis in a meat grinder and fed him to her tigers. There are also other claims that Lewis' body is buried under a septic tank on the Big Cat Rescue property. Carole has repeatedly denied that she had anything to do with Lewis' disappearance, calling the allegations "the most ludicrous of all the lies" in a March 22 blog. And both she and

Howard have criticized Tiger King for its portrayal of them and the accusations about Lewis. Carole wrote in her March 22 blog that directors Eric Goode and Rebecca Chaiklin presented Tiger King as a "big cat version of Blackfish," but that the docuseries turned out to be nothing but "salacious and sensational."

Goode and Chailkin responded to Carole's criticism in a March 26 Los Angeles Times piece. "Carole talked about her personal life, her childhood, abuse

from her first and second husband, the disappearance of her ex, Don Lewis," Goode told the publication, in part.

Despite Carole and Howard's opinions, the mystery surrounding Lewis isn't going away anytime soon. Thanks to Tiger King, Hillsborough County Sheriff Chad Chronister is even seeking new leads about Lewis. No doubt Kim Kardashian will be following the news closely.



Photo courtesy of Netflix

accused Tabraue

in an attempt to

of using a machete

dismember the body of

a federal informant who

had been murdered by

some of his men. At the

conclusion of the four-

month trial, Tabraue was

ultimately sentenced to

100 years behind bars.

You don't have to be a

that a century has not

yet passed since 1989

prison already?

as the year is only 2020.

So why is Tabraue out of

Tabraue was released

dozen years behind bars.

He received such a stag-

geringly early release

thanks to his acting as

an informant for federal

authorities, helping im-

plicate murderers, mon-

ev launderers, and drug

traffickers, according to

the South Florida Sun

Sentinel. In the two-de-

cades since his release,

from prison in 2000

after serving just a

math whiz to determine

Who's Who of Netflix's 'Tiger King'

Joe Exotic - The "Tiger King" and former owner of The Greater Wynnewood Exotic Animal Park (GW Zoo)

Carole Baskin - Big Cat Rescue Owner and Exotic's biggest enemy; suspected by many of killing her former husband

Don Lewis - Baskin's former husband; disappeared in 1997

Jeff Lowe - The new owner of GW Zoo; convicted felon who became Exotic's business partner at one point

Allen Glover - Lowe's handyman; was given money by Exotic to kill Baskin

Bhagavan "Doc" Antle - The Myrtle Beach Safari Owner; acquaintance of Exotic

John Finlay, Travis Maldonado, Dillon Passage - Exotic's husbands, past and present

Mario Tabraue - Convicted drug kingpin; owner of Miami's Zoological Wildlife Foundation

Joshua Dial - Exotic's presidential and gubernatorial campaign manager

James Garretson - Federal informant in the Joe Exotic case

By JOHNNY BRAYSON

he new Netflix documentary series Tiger King has completely taken over pop culture since its release on March 20. With movie theaters closed, TV productions shut down, and live sports canceled due to the coronavirus pandemic, streaming is experiencing an even bigger boom than usual. And the true crime series about eccentric zoo owner Joe Exotic has been just what the doctor ordered to fight the quarantine-induced cabin ever. But Exotic is hardly the only seedy character featured in Tiger King. There's also zoo owner/ drug emperor Mario Tabraue, who might be even more outlandish than Exotic. So where is Mario Tabraue now?

Unlike Exotic, Tabraue is not currently incarcerated — though some might argue that he should be. In 1987, Tabraue was arrested on racketeering and narcotics charges. He is alleged to have been a kingpin of

a \$75 million illegal WHERE IS 'TIGER drug operation in south Florida, and KING'S MARIO testimony during his 1989 trial even TABRAUE NOW?

Tabraue has focused on running his Miami zoo, the Zoological Wildlife Foundation. The zoo's website lists the former drug kingpin as its president and director, while his wife Maria Tabraue is labeled its co-president and director. The couple opened the center in 2001, shortly after Tabraue's release from

For someone who served

such a high-profile and serious prison sentence, Tabraue hasn't exactly kept a low profile in recent years. In 2014, the zoo owner made headlines for his lobbying efforts in Washington, D.C. A proposal at the time called the Big Cats and Public Safety Protection Act was introduced by California republican Buck McKeon, who was inspired by a tragic 2011 event in

were killed by law enforcement after they were released by their owner in Zanesville, OH. The act would have made it more difficult for people to obtain exotic animals and would seek to regulate and provide oversight to the industry. Tabraue greatly opposed the legislation, and paid a D.C. lobbyist to fight it. The bill did not advance. but updated versions of the bill were introduced in both the House and Senate in 2019 by Illinois democrat Mike Quigley in the House and Connecticut democrat Richard Blumenthal in the Senate, respectively.

which 48 exotic anima s

While he may have left his more nefarious dealings in his past, Tabraue remains a controversial figure due to his ongoing work in the exotic animal

PRINCE CHARLES' CORONAVIRUS UPDATE SHOWS HE'S ON THE MEND



oronavirus discriminates against no ✓ one — even the Royal Family is not immune. Following his bout with the illness, Prince Charles spoke out about his coronavirus diagnosis for the first time in a moving video posted on Wednesday, April 1. Last month, it was revealed that the 71-year-old Prince of Wales tested positive for COVID-19 and was isolating himself from other royal family members. But after seven days, the royal patriarch has made a speedy recovery and is talking about his experience with the rapidly spreading virus.

In the new video, Prince Charles explained that he only experienced mild symptoms and talked about how people are being affected by the global pandemic. "I now find myself on the other side of the illness but still in no less a state of social distance and general isolation," he said. "This is a strange, frustrating and often distressing experience, when the presence of family and friends is no longer possible and the normal structures of life are suddenly removed."

Although he has recovered, he remains separated from his wife Camilla.

the Duchess of Cornwall, who is in quarantine until the end of this week as a precaution, despite testing negative for coronavirus, according to Entertainment Tonight. He's also still isolated from his mother, Queen Elizabeth II, and the families of his sons Prince William and Prince Harry, whose royal exit became official as of March 31.

But, just because he is recovering and still practicing social distancing doesn't mean Prince Charles is step-

ping back from his royal duties. He used his coronavirus update to show his and his wife's

gratitude for the doctors and medical workers who are risking their lives to treat patients, and those who have volunteered their time to the UK's National Health Service. "Our thoughts and prayers are very much with those marvelous people whose extraordinary skills and utter selfless devotion to duty and the care of their patients make us so very proud," he said. He also made special mention of two British charities, Age UK and Silver Line, which are helping the elderly through this crisis.

He ended his video on a more hopeful and sentimental note, assuring the public than an end to this mayhem will come in time. "None of us can say when this will end, but end it will," he said. "Until it does, let us try and live with hope and, with faith in ourselves and each other, look forward to better times to come." Amen to that.

Photo courtesy of WPA Pool/Getty Images Entertainment/Getty Images

The Life And Death And Life Of

By LINDSAY MANNERING

wenty years ago, music executives in midtown Manhattan's Sony building were excited about a 14-year-old girl from Orlando. She'd just started her freshman year of high school back home in Florida, the number one song in the country was "I Don't Want To Miss A Thing" by Aerosmith, and a month later in October 1998, Jive Records would release "...Baby One More Time." That song would go on to top the charts in the United States and 18 other countries, become one of the best selling singles of all time, and launch Britney Spears into stardom with a propulsion so strong, the Earth would crack and 8 little Britneys would spring

from it and fight for their time in the sun.

Mandy Moore and I are eating lunch 528 feet from that building where it all started two decades ago. "I was just looking at the Sony building thinking, whoa. If I had told myself 20 years ago that this would be my life, I'd still be doing this in some capacity, it's insane." I ask her if she ever thought she was as good as Spears.

"When I look back on being a pop star, those girls, they were made for it." She's talking about Spears and Christina Aguilera, of course. (She could be talking about Jessica Simpson, but it's... unlikely.) "They're dancers and

they're entertainers and they're performers. They give their all — and costume changes! — and they can live on that level. And that was never going to be me."

Moore showed up to our

lunch alone, wearing an oatmeal-colored sweater. It's soft, and I know that because she gave me a hug. Her hair is brown, but brown in a suspiciously beautiful, shiny way that only celebrities and duchesses can achieve. Her eyebrows raise as if someone is holding on tight to the outer end so that only the inner parts move upwards — it's amazing. It's a look of sweetness and fearful sadness, and somehow communicates

both "I can hold all of your problems for you," and "Don't be mad at me." Whenever she raises her eyebrows like this during our conversation, well, first of all, I notice, because it's noticeable, and second of all, I welcome it, because you can't help but just feel better about everything when someone looks at you like that. She apologized for being late, which she wasn't.

After signing her record deal, Moore left normal high school behind to work on her album and to go on tour opening for *NSYNC and the Backstreet Boys. Her debut single "Candy" came out in the summer of 1999. It never made the Billboard Top 40; it





BBMak, if you even re-

member BBMak. (Spears

has had five number one

made the top 10, and 35

that charted. Aguilera has

had five number one hits,

11 that made the top 10,

son... who cares, she's a

Moore is remarkably

now.)

bagillionaire shoe empress

unguarded and apparently

unperturbed by her third-

or fourth-place ranking as

a pop star. Over the years

she's said that she didn't

making and joked that she

she performed for 20,000

people waving glow sticks,

wanted to refund anyone

like the music she was

video didn't make a lime green Volkswagen New Beetle (the bubbly, flowervase-in-the-console 1998 remix of the original punch buggy, which was replaced in 2012 by a new-New Beetle) look very cool. Moore's only other wellknown song, "I Wanna Be With You," peaked at number 24 on the charts in August 2000, likely bolstered by its place on the soundtrack of ballet-movie masterpiece, Center Stage.

That's two singles that made moderate waves off two albums (So Real in December 1999, and I Wanna Be With You in May 2000) that include tinny, colorless supporting tracks as memorable as the names of the guys in

but most of them were young teenage girls there to see someone else. Yes, she helped make late '90s pop music, spaghetti strap tanks, cargo pants, butterfly clips, and shiny lip gloss must-have trends, but it wasn't her — she was wearing a costume, dressed up by somebody

else in pop star clothes. She never viewed herself as a trendsetter, and when she wasn't styled for her concerts or MTV appearances or award shows, she shopped at Abercrombie & Fitch and Claire's at the mall with her friends.

She's proud of having worked hard,

though, and of what she accomplished (three studio albums in three years from 1999 to 2001, the music videos, the touring, the hosting gigs on MTV, the trips to the mall with her friends) while the rest of us watched in Sunny-Dstained sweatshirts.

Plus, not being a pop icon freed her up to do other things. After her medium music success in the late '90s and early two-thou, Moore found her footing as an actor with a breakout role in The Princess Diaries, a starring role in A Walk To Remember, and a slew of other roles in movies from 2002 to 2010 that kept her, if not a household name, then an every-other-household name. She was in Chasing Liberty, Saved!, American



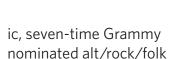
hits over her career, 13 that and 30 that charted. Simpwho paid money for it. Yes,

Dreamz, Because I Said So, License To Wed, and Tangled, in which she voiced Rapunzel, officially marking any actor's rite of passage as a Disney princess. And then she sort of disappeared.

> Moore was effectively out of the spotlight for about five years starting in 2010. That's equivalent to roughly 750 in Hollywood Years, and to crawl out of that shadowy purgatory is nearly impossible once you've had your moment on stage (unless you have a fashion line up your sleeve — hat tip, Simpson).

And dark down there, it was.

In 2009. Moore married Ryan Adams, a prolif-



work life opened up in a way hat never could have expected

singer-songwriter. It was not the right relationship. She thought she could fill the emptiness with work, but her work suffered. She was terribly lonely and unhappy.

"When I think back to that particular time period that we're talking about ... It was heavy. It was dark. It was confusing. It was lonely. There was no room for

acter and her husband (James Roday) go to a marriage counselor (Tracey Ullman) to figure out if they want to have a baby, and find out they have a host of other issues; and another show by one of the heads of Family Guy in which Moore would have starred as a woman who's about to get married but suddenly goes a different route, moving to New York

me. There was no room

for me to have anything

Moore tried to find her

way back to the light; she

just wasn't successful. "I

put all the emphasis and

pressure on, well, I can

just dig myself out of this

hole by finding fulfillment

strictly from a career per-

To that end, she audi-

tioned for several TV

pilots that came devas-

tatingly close to getting

There was an hour-long

picked up, but never were.

CBS drama with Ben McK-

enzie, in which she played

a former attorney turned

victims' advocate, that al-

most was; a comedy pilot

in which Moore's char-

else in my life."

spective."

to discover herself as a singer and performer and live the life she's always dreamed of living. Her character in that one felt that running away was the solution; she ends up getting a job as a singing

birthday party princess.

In real life, Moore was hoping work would correct her course, but the startstop momentum of it was tough and made her think, "Oh, OK, well maybe my time has passed." She considered maybe going back to school, maybe blogging. And maybe, getting back into music. She was lost. "No wonder those TV pilots never happened," she says now.

Moore and Adams an-

nounced in January 2015 that their marriage was over. Moore had come to the realization that finding work, while nice, wouldn't make her feel better about herself. It wouldn't have given her the kind of confidence she needed. She tried the role of wife in that relationship, but it wasn't for her, wasn't her style, as hard as she tried to make it fit. "I exhausted every effort before I was like, 'OK, well, that has to be addressed," she says. Ultimately, she moved on, but not without all of the attending heartache. "Those monumental shifts in your life ... they come at a big cost," she reflects. "It wasn't a decision that I made flippantly."

SEE PAGE 14

WHEN IS THE 'GREY'S ANATOMY' SEASON 16 FINALE? CORONAVIRUS CHANGED ABC'S SCHEDULE



he outbreak of COVID-19 has created a major shakeup for numerous TV shows, many of which have been forced to shut down production for the foreseeable future. This means that shows like Grey's Anatomy have been unable to finish filming their current season and only have a handful of episodes left that are ready to air. Given these unprecedented circumstances, the Grey's Anatomy Season 16 finale won't be happening as planned. In fact, it won't be happening at all — at least, not in the way it was originally intended.

On Friday, March 27, ABC announced, as per Entertainment Weekly, that the beloved medical drama would be pushing up its finale date to Thursday, April 9. (The date for the final episode was originally scheduled for Thursday, May 16.) The shift comes from the network's decision to have Episode 21 of the season, titled "Put on a Happy Face," serve as the finale since it was the last one production was

able to fully complete before social distancing took effect in the wake of the coronavirus pandemic. It's unclear how they'll pick up the story when production can

Grey's is known for delivering some truly unforgettable season finales in the past, which makes not being able to see how Season 16 was supposed to end feel all

frustrating. The April 9 episode may serve as the season finale, but it won't have the same feel

the more

as the finales that have come before it mostly because it wasn't meant to be a finale at all. Which means that maybe the beginning of Season 17 will be action packed.

While the characters may not be able to entertain us on-screen, behind-the-scenes workers are doing everything they can to help with the current health crisis and the shortage of medical supplies. CBS News spoke with an ABC spokesperson, who confirmed that Grey's Anatomy has donated gloves and gowns to healthcare workers, while Station 19



provided N95 masks to the City of Ontario Fire Department and a firehouse in Los Angeles.

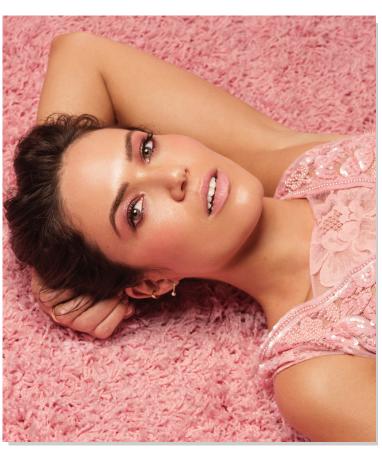
"At Station 19, we were lucky

enough to have about 300 of the coveted N95 masks which we donated to our local fire station," Krista Vernoff, who serves as executive producer of both Station 19 and Grey's Anatomy, said in a statement. "They were tremendously grateful. At Grey's Anatomy, we have a backstock of gowns and gloves which we are donating as well."

> It just goes to show that Grey's Anatomy can hit us right in the feels, both on and off-screen long before it returns for Season 17 later this year.

If you think you're showing symptoms of coronavirus, which include fever, shortness of breath, and cough, call your doctor before going to get tested. If you're anxious about the virus's

spread in your community, visit the CDC or NHS 111 in the UK for up-to-date information and resources, or seek out mental health support.



But it was the right one. "It's no coincidence to me that once I did that hard work, life opened up in a way that I never could have expected. Once I did that, it was like, the sun came back out Second, Moore and folk again. In every respect I felt like, 'Oh, now I'm living the life that I'm supposed to be living."

In two very obvious ways, that's true. First, in 2016, This Is Us premiered, starring Moore as matriarch Rebecca Pearson. The NBC hit drama and its cast and crew have been nominated for more than 90 awards combined, including the Emmy for Outstanding Drama Series (nominated, 2018) and the SAG for Outstanding Performance by an Ensemble in a Drama Series (won, 2018). The show has made Moore a bonafide TV star: she was nominated for the Best Performance by an Actress in a Supporting Role Golden Globe last year.

singer-songwriter Taylor Goldsmith got engaged in late summer 2017 after dating for two years. He's in the indie band Dawes, and he plays guitar around the house. Thanksgiving is going to be at their place this year. (Let me just say here that I asked what would happen if Moore was to run into Spears at an L.A. grocery store while shopping for turkey stuff — would she say hi? Moore's 50/50 on that — for one, she thinks Spears has "absolutely no idea" who she is, and two, Moore is pretty shy.) She talks to Goldsmith's

parents a lot about This Is Us. She and Goldsmith are planning a really small and really quiet wedding; she says he's a beautiful influence in her life and a reason she's excited to get up in the morning. Her eyebrows indicate that she is genuinely happy.

Moore shared something on Instagram, though, that makes it seem like there's a part of her still stuck in that purgatory — and slowly angling toward the light. In July, she posted a short video of a studio mixing board. Moore can be heard singing a moody, almost-country-accented vocal lick that cuts in with what sounds to be her singing the lyric, "don't underestimate." The song, the small part that is audible anyway, is thick and emotional. So is the caption she wrote for that post:

Getting back to it. It's time. I miss it. I'm not scared anymore. No more excuses. No more allowing someone's else insecurities to dictate my relationship to music and singing. Boom. Also-this is just a little demo of something @themikeviola and I worked on yesterday... but still, it's a start!

When I read these words out loud to her, Moore starts to cry.

"Crying in a restaurant, sorry." She wipes tears away. "We do ourselves

such a disservice. And I think, not to make a generalization, but I think it often afflicts women more than men, where we make ourselves feel so small to make other people comfortable. I think I did that for so long because I was scared of ruffling feathers. I just didn't want to cause trouble. I felt like somebody else was more important. Somebody else's choices or time, or whatever, should come before me."

"Once you sort of" — she makes a whooshing sound and fans her face at once with both hands, her eyes wide open, her eyebrows being her eyebrows — "wake up and realize that that is so not the case, and you have to be your biggest advocate. No one's going to do it for you. It's a stunning realization." Moore says this awakening was recent, and it's still a struggle. "The emotions are right there under the surface," she says. More tears well. "There's a lot of weirdness wrapped up in music for me that I still have to work through. That I don't think I'm good enough. That I don't think I'm deserving. That I allowed other people to make me feel bad about wanting to do it. That I clearly have to go to therapy for, so..." she laughs a small laugh. "It's just an ongoing effort."

Photos courtesy of Matthew Priestley/Bustle