



# MAYA WAID

## RESUME

### ABOUT

I am a hardworking, responsible and meticulous high school student interested in both medicine and journalism. I thrive in a fast-paced environment that provides consistent challenges and opportunities for growth. I possess excellent verbal and written communication skills and am an effective leader and team player.

### WORK EXPERIENCE

HORIZONS EDGE SPORTS CAMPUS  
Sports Complex | Dec. 2019 - Present

- Help manage social media accounts
- Create social media graphics for postings
- Manage front desk customer relations
- Lead youth clinics and camps

### ATHLETICS

VARSITY BASKETBALL, CAPTAIN  
Harrisonburg High School | Nov. 2018 - Present

- Holiday Classic Academic Team, Highest GPA 2019
- [All Area Girls Basketball](#) Honorable Mention 2021

VARSITY VOLLEYBALL, CAPTAIN  
Harrisonburg High School | Aug. 2018 - Present

- First Team All District Spring 2021, Fall 2021
- [Second Team All Area](#) 2021
- [All Area Girls Volleyball](#) Honorable Mention 2020, 2021
- [WHSV Athlete of the Week](#), 2021

TRAVEL VOLLEYBALL, CAPTAIN  
Horizons Edge Volleyball Club | Oct. 2018 - Present

- Competed in AAU National Tournament 2021

### COMMUNITY INVOLVEMENT

#### SCHOOL SUPPLY DRIVE

Nov. 2020- Feb. 2021

- Envisioned and executed academic [supply drive](#) for local elementary schools
- Used social media to spread drive to friends and family from across the country
- Raised over [\\$3,000 worth of school supplies](#) in three months

#### PROM EVENT COORDINATING AND ADVERTISING

May 2021 - Jun. 2021

- Co-chair for community sponsored high school prom due to COVID restrictions
- Coordinated with local media to [disseminate information about event](#)
- Administered Instagram account for three weeks prior to event
- Hosted over 250 high school students at local venue

#### MEAL DISTRIBUTION

Oct. 2020- May 2021

- Packed 300-400 meals a week for distribution to low income families

### LEADERSHIP POSITIONS

[Newspaper Editor-in-Chief](#)  
2020-2022

Third Place in the 2022 Virginia Journalist of the Year Competition

[Virginia HOSA Future-Health Professionals State President](#)  
2021-2022

Global Pre Meds International Participant  
Summer 2021, Dominican Republic

Bridgewater Athletic Training Intern  
2021

JMU School of Nursing Intern  
2021-2022

### SOCIETIES, CLUBS AND ACADEMIES

National Honors Society  
Quill and Scroll Honors Society  
HOSA Future-Health Professionals  
Governor's STEM Academy  
Key Club

### PERSONAL SKILLS

Motivated  
Reliable  
Team player  
Organized  
Professional

### PROFESSIONAL SKILLS

Social media strategy  
Marketing  
Web content development  
Project management  
Layout design

### ACADEMICS

GPA: 4.4  
Class Rank: 13 of 451

### CONTACT

P: 540-908-8418  
E: mayakwaid@gmail.com

## HONORS AND AWARDS

- Southern Interscholastic Press Association's Best Writing Contest: Third Place Online Sports, 2019
- Outstanding Writing, 2019
- Outstanding Layout and Design, 2019
- Outstanding Social Media, 2019
- Outstanding Freshman Journalist, 2019
- Best of School Newspapers Online, 2019
- Virginia High School League Multimedia Competition: Second Place Sports Writing, 2020
- Best of School Newspapers Online (2), 2020
- Outstanding Advanced Journalist, 2020
- Superior Rating: English and Career and Technical Education, 2021
- Prepared Speaking, Second Place All State: Virginia Health Occupations Students of America, 2021
- Outstanding Social Media, 2021
- Outstanding Editing, 2021
- Outstanding Writing, 2021
- Outstanding Advanced Journalist, 2021
- Best of School Newspapers Online (3), 2021

---

## ACADEMIC COURSELOAD

### ADVANCED PLACEMENT COURSES

- European History
- Environmental Science
- Psychology
- English Language and Composition
- Calculus AB
- Chemistry
- Government and Politics
- English Literature

### DUAL ENROLLMENT COURSES

- US History 121/122
- Biology 141 Anatomy and Physiology
- Biology 142 Anatomy and Physiology

---

## REFERENCES

- Valerie Kibler
  - Journalism Advisor
  - AP English Teacher
- Marc Healy
  - AP European History Teacher
  - AP Psychology Teacher
- Jennifer Glazer
  - HOSA Future-Health Professionals Advisor
  - Sports Medicine Teacher
- Tricia Cummings
  - STEM Medical Terminology Teacher
  - STEM Introduction to Healthcare Teacher
- Hannah Bowman Hrasky
  - Varsity Volleyball Coach
- Dr. Geily Josefina Rijo Santana, geilyrijo@icloud.com
  - Global Pre-Meds
- Michael Cardman, michael.cardman@georgetown.edu
  - Mentor