

Endorsed by:

Center for Excellence
in Assisted Living
CEAL @ UNC



For questions about
the study, contact:

@ jvtsilbersack@unc.edu

☎ 919-843-3085

For technical or
training questions,
contact:

@ lstratton@alz.org

☎ 515-975-0009

FOR MORE INFORMATION,
VISIT US AT:

dementiacaretraining.org

TRAINING AND CERTIFICATION IN DEMENTIA CARE

essentiALZ[®]
ALZHEIMER'S ASSOCIATION[®]

A RESEARCH STUDY CONDUCTED BY THE
PROGRAM ON AGING, CHRONIC ILLNESS,
AND LONG-TERM CARE

 **UNC** | THE CECIL G. SHEPS CENTER FOR
HEALTH SERVICES RESEARCH

ABOUT ESSENTIALZ[®]

essentiALZ[®] is the Alzheimer's Association's training and certification program. It's based on the nationally recognized Dementia Care Practice Recommendations. It teaches person-centered practices to care for people living with dementia. The online training uses videos and interactive activities to bring content to life.



"I LOVED this course. I loved that we followed a few individuals more in depth... there was no fluff in this program and everything was explained thoroughly. Even experienced caregivers will learn something from this."

ESSENTIALZ[®] IS:

- Available online (via desktop or mobile phone)
- 3 hours of self-paced material
 - Users can save their progress and return later at their convenience
- 5 topic areas:
 - Alzheimer's and dementia
 - Person-centered care
 - Assessment and care planning
 - Activities of daily living
 - Communication changes and behavior

BENEFITS

- Free training
- Convenient and user-friendly; learn at your own pace
- 3 hours of CE credits (ACCME)
- 3 hours of CNE credits (ANCC)
- 3.5 hours of NAB credits
- essentiALZ[®] Certification, valid for 2 years
- May fulfill state training requirements

